

PASSAGE ACROSS THE CARIBBEAN SEA - AN Island Hopping Voyage from Costa Rica To Barbados

If you have been contemplating a visit to Central America and the Caribbean, then this fascinating voyage from Costa Rica to Barbados could offer the perfect opportunity with its mix of cultural and natural wonders. Each of the destinations we have included in our itinerary has its own culture and this colourful mix of island personalities, varied terrain and lifestyles makes for a marvellous spring break. By and large we will head for the smaller, less visited islands and having our small ship, the all-suite MS Hebridean Sky, as the base for our cruise makes all the difference.

Our voyage begins in Costa Rica, a small country with a huge array of wildlife including hundreds of brightly coloured species of bird and we will discover the flora and fauna during our visit to the Cahuita National Park or whilst exploring the canals of Tortuguero. We continue to Panama where we have the opportunity to witness the timeless culture of the ancient Kuna tribe on the stepping stone islands of San Blas before we touch the South American mainland with a call at Cartagena, a wonderfully charismatic port with fine restored colonial buildings, and Santa Marta. From Colombia, our itinerary island hops to Barbados by way of Curacao and Bonaire in the Dutch Caribbean and the wonderful Windward island of Grenada. Such a varied and comprehensive itinerary would be difficult to comprehend or undertake by any other means than a cruise and, in the company of just 100 or so fellow like-minded passengers, we will be able to explore in small groups ashore and enjoy a convivial atmosphere on board.

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Day 3 Puerto Limon.

During our voyage there will be opportunities to enjoy swimming and nature walks in some stunning national parks with their endemic plants and wildlife, explore historical sites and forts of the Spanish, Dutch and British colonial periods and discover the pretty ports and pastel painted towns whilst learning of the fascinating history of the region, all overseen by our expert onboard team. As we sail relatively short distances, we have the benefit of full days on many of the glorious islands allowing for time to join the included, guided excursions combined with the opportunity to explore further independently or perhaps relax on one of the beautiful beaches.



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ITINERARY

Day 1 London to San Jose, Costa Rica.

Fly by scheduled flight. Arrive and transfer to our hotel for an overnight stay.

Day 2 San Jose to Puerto Limon.

After breakfast in the hotel enjoy some free time before we transfer to Puerto Limon, enjoying a local lunch on the way. Embark the MS Hebridean Sky this afternoon and moor overnight.

From our berth in Puerto Limon we head to the Cahuita National Park. The area is filled with wildlife that includes howler monkeys, white-faced capuchin monkeys, raccoons, sloths, otters, coatis, agoutis, armadillos and porcupines. Several avian species also live in the swamp forest including the green ibis, the green kingfisher, the yellow crowned night heron, the frigate bird and the boat-billed heron among others. Our naturalist guides will lead us through the trails of the rainforest, sharing their vast knowledge of this fragile ecosystem. Alternatively, take a boat ride through the scenic Tortuguero canals, known as the Costa Rican Amazon as the surrounding rainforest supports a wide range of flora and fauna. Here we can hopefully spot waterfowl, monkeys, lizards, sloths and toucans. We will return to the ship via a banana plantation where we learn about this staple of the local economy.

Day 4 Bocas del Toro, Panama.

Arriving in Panama we have a day in the Bocas del Toro archipelago, pristine islands which are now part of a national marine park. We spend the day surrounded by astounding beauty and there will be the option to visit the small town of Bocas del Toro and have free time to wander amongst the fine old Spanish buildings or maybe visit one of the local beaches.

Day 5 San Blas Islands.

After a morning at sea we arrive in the stunning San Blas archipelago. The archipelago is made up of over 400 islands that line the north coast of Panama with white sandy beaches set in a turquoise sea. The islands are home to the indigenous Kuna Indians who gained self-rule from the government of Panama in the 1920s and maintained their traditional way of life including the production of colourful fabric art known as 'molas'. We will have time to take a nature walk or perhaps enjoy a swim from the beach.

Day 6 Cartagena, Colombia.

Cartagena is one of the most fascinating cities in South America and this morning we will enjoy a walking tour of the colonial walled city which is virtually surrounded by water and steeped in history, with a wealth of 16th and

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17th century buildings and churches. Our guides will bring the history of the city to life as we walk its streets and ramparts. We will visit the 16th century Fort of San Felipe, the Monastery of San Pedro Claver, the Plaza de la Aduana and Iglesia de Santo Domingo. Enjoy a leisurely afternoon to explore further at your own pace.

Day 7 Santa Marta.

We continue our exploration of Colombia in Santa Marta which is renowned for the eco-diversity and dramatic beauty of the Sierra Nevada Mountains, the highest coastal mountain range in the world, that sweep down to the sea. From our berth we will travel slightly inland to the Tayrona National Park this morning. Covered in large part by virgin tropical forest, the park is home to many varied species of mammals, birds and reptiles. On a walk through this semi-tropical jungle, we will be joined by a local guide who will offer insights into the park's vegetation, animals and ecosystem. Alternatively, explore the town of Santa Marta, see Bolivar Plaza and the bustling streets with their eclectic mix of Spanish Colonial, Republican and contemporary architecture to the 17th century cathedral, Colombia's oldest church. Also visit the small Gold Museum which houses some interesting gold and pottery objects from the indigenous cultures that inhabit the Sierra Nevada Mountains which rise up behind the city.

Day 8 At Sea.

Enjoy a relaxing day at sea as we make our way across the Caribbean.

Day 9 Curacao, Dutch Caribbean.

Moor this morning at the UNESCO World Heritage Site of Willemstad. The city has a rich history dating back to the 16th century and the island's colonial Dutch heritage sets a genteel tone amid markets, museums and cafes. Enjoy an excursion to explore the historic downtown district including Fort Amsterdam. The afternoon is free to either explore at your own pace or join an island drive which will include The Old Labour House where we learn about the history of slavery on the island, the dramatic Boca Table National Park and the Salt Pans plantation where, if lucky, we may see some flamingos.

Day 10 Bonaire.

Spend the day in Bonaire famous for the variety of its corals, fish and clear waters. This morning you may wish to take a scenic island tour to see the saltwater lagoon at Lake Goto, where we may be lucky and see pink flamingos, followed by Mangazina di Rei cultural park which showcases indigenous culture. Alternatively, join a local boat as we make our way to one of the nearby uninhabited islands near Klein Bonaire. Here, there will be the option to swim from the beach or snorkel over the coral reefs. Returning to the MS Hebridean Sky for lunch, the afternoon is free to explore the town of Kralendijk at your own pace from our central berth.

Day 11 At Sea.

Today maybe join a lecture or find a spot on deck as we spend a day cruising.

Day 12 Grenada.

Explore this wonderful Windward Island which many regard as the most beautiful in the Caribbean. It is a lush and verdant island with spice plantations, rum distilleries, tropical forests, secluded coves, nature trails and select hotels which cling to the hillsides overlooking the ocean. We will moor in the picturesque capital of St George's before heading to Fort George. Built in 1706 with wonderful views over the harbour, it was here in 1983 that the Prime Minister, Maurice Bishop, was assassinated which prompted the invasion by US troops. We will continue to a spice garden where we learn about the herbs that grow here before we end at one of the island's rum distilleries.

Day 13 Barbados to London.

Barbados is the most easterly of the Caribbean Islands, with Atlantic surf on the east coast and sparkling Caribbean waters on the west coast. We will disembark this morning and take an island drive including visits to the historic 17th century Sunbury Plantation House and the impressive St John's Church. After lunch there will be some free time before we transfer to the airport for our scheduled flight to London.

Day 14 London.



0800 945 3327 (within New Zealand) | +64 (0) 3 365 1355 | 1800 107 715 (within Australia)



Arrive this morning.

Please Note:

Itineraries are subject to change.





YOUR SHIP: HEBRIDEAN SKY

YOUR SHIP:	Hebridean Sky
VESSEL TYPE:	Expedition
LENGTH:	90.6 metres
PASSENGER CAPACITY:	118
BUILT/REFURBISHED:	1992 / 2016

The MS Hebridean Sky is one of our three flag ships and sister vessel to the MS Island Sky and MS Caledonian Sky. All three vessels were built in the same ship yard in Italy at similar times and share the same excellent attributes that make them three of the finest small ships in the world. Formerly known as the Sea Explorer, the vessel underwent a multi-million pound refurbishment in Sweden in Spring 2016 before being re-launched as the MS Hebridean Sky.

Your Suite. On board there are 59 exceptionally spacious and well-designed suites. All feature a sitting area and fourteen suites have private balconies. The feeling of luxury is enhanced by the wood panelling and brass which predominates throughout the vessel conveying the atmosphere of a private yacht. The passenger accommodation is arranged over five decks and all suites have outside views with suites on the Scott and Shackleton Decks featuring private balconies. Each suite affords considerable comfort with en-suite bathroom featuring vanity unit with sink and walk-in rainfall shower, large wardrobes, dressing table with large mirror and stool and excellent storage. There is a minifridge, flat screen television and a telephone in each suite. Refillable water bottles, towelling dressing gowns and slippers are also provided for your comfort. Additional facilities include a programmable electronic safe, hairdryer, assorted Molton Brown toiletries and individually controlled air-conditioning and heating. Soft hues and blended tones enhance the traditional maritime style making the passenger accommodation an inviting and relaxing place to be. The beds in each suite can be configured as twins or double with the exception of suite 601 and 602 which feature fixed double beds. The impressive Hebridean Suite, located on the Shackleton Deck consists of a separate bathroom and sitting room with extra large balcony stretching the length of the suite. Additional benefits of booking this marvellous suite include complimentary mini-bar stocked with your preferences and complimentary laundry.

Your Space. The spacious and finely decorated public rooms on board the MS Hebridean Sky include a large lounge on the Byrd Deck featuring a selection of seating options from individual armchairs and sofas to side cushioned benches. Daily briefings given by the Cruise Director and talks from Guest Speakers and expedition staff take place in The Lounge which is fitted with the highest standard of presentation equipment including multiple screens. In addition to the Lounge, there is also The Club, located on the Mawson Deck which features the main bar where the onboard pianist plays periodically throughout the day. The Club also offers a 24-hour tea and coffee station. Towards the aft of the ship on the Mawson Deck is The Library which is well stocked with reference books pertaining to the destinations the vessel is visiting and a selection of essential reads. A collection of games and devices to access the internet via the ship's

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satellite can also be found in the library. Access to the ship's satellite Wi-Fi via your own device is complimentary on board (signal strength varies depending on location and demand). The Dining Room which can seat all guests at one sitting is located on the Amundsen Deck and is a bright and charming setting to enjoy the delicious meals on board. Outside there is a rear Lido Deck located on the Scott Deck where meals are served in warm weather under shade. Whilst heaters and blankets make dining al fresco comfortable in cooler climates. Further to this, on the top Shackleton Deck there is an observation area which offers a fantastic platform for spotting wildlife complete with deck furniture, ideal for relaxing with a book or catching up with fellow travellers. You will also find a clinic and Doctor on board and a lift that serves all decks. Additionally there is a small hairdressers with appointments made on request.

Your Dining. It is quite a task to create a dining experience as that found on board our Sky vessels when you are cruising in far-flung corners of the globe, indeed it takes a team of highly talented chefs to deliver fresh, varied dishes no matter where you are at sea. Fortunately, our catering teams are well adapted to the world of small ship cruising where no two days are the same and the menus are often scheduled and tailored around the days' excursions. With only one sitting and a maximum of just over 100 passengers, the cuisine on board is of a consistent superior quality that befits such vessels. Where possible and when it meets their high standards, our accomplished chefs will obtain local produce in markets. Such purchases enhance the well-stocked larders and enable the chefs on board to exhibit their culinary skills and bring a local touch to the varied menus, emphasising the international expertise of the chefs on board. Afternoon tea and pre-dinner canapes take place every day in either the comfort of the

Lounge or out on the Lido Deck when the weather is favourable. Tea and coffee are also available 24 hours a day. Special diets can be catered for with sufficient notice. In keeping with the informal atmosphere on board, when dining you are able to choose your seating arrangements at your leisure. Whether that be joining a table of four to six other passengers outside on the Lido Deck in the evening's sunshine or whether you prefer to enjoy meals in the a la carte restaurant. For those travelling alone, our onboard friendly restaurant staff will take care to ensure you are seated with other like-minded travellers. In the main elegant dining room, breakfast is served buffet-style, with certain items cooked to order on request. Lunch and dinner are a la carte with an excellent choice of dishes, with the menu reflecting the daily catch or local delicacies. To enhance your dining experience even further a selection of wines are included with both meals and there is also a comprehensive wine list with a wide selection of new and old world wines from which to choose. The onboard catering and restaurant staff are experienced at sea and enthuse a passion for superb service. Whether it be ensuring you have an outdoor blanket as you enjoy the crisp sea breeze on the Lido Deck or sharing their knowledge of the characteristics of the days' wine selections, you will experience a service on board like no other. You may also enjoy sumptuous barbeques on deck whilst at times, the chef will make your dish to order at special pasta or stir fry stations.

For Your Comfort. The MS Hebridean Sky is equipped with the latest safety, navigation and communications equipment along with roll stabilizers to minimize the ship's motion. During your voyage we hope to offer the opportunity to visit the Captain and Officers on the Bridge to check the vessels progress by charts and learn more about your journey. There is also a dedicated

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channel on your television in your suite showing the routing of the vessel along with technical information and estimated times of arrival and departure from port. On board you will also find a clinic and Doctor and a lift that serves all decks. Smoking on board is restricted to a specific area on deck.

Life Onboard. If large resort-style vessels accommodating many thousands of passengers are your ideal, then our ships are not for you as you will not find endless entertainment, round the clock buffets and the people management which is so much a part of today's big ship on board style. However, if like us you prefer a more peaceful life at sea you will find our flagships the perfect vessels. When choosing your next voyage the choice of vessels is astounding. You can select a ship carrying in excess of 4000 passengers with impersonal service or join us aboard the MS Caledonian Sky, MS Island Sky or MS Hebridean Sky where peace, high quality service and attention to detail are the order of the day. We promise there will be no organised entertainment, fancy dress, deck games or any of the usual big ship experiences. Instead, the atmosphere is warm and convivial and more akin to a private yacht or country hotel in which you can learn more about the wonders of nature, culture and ancient civilisations in the company of like-minded people. A little music in the lounge or bar after dinner, Guest Speakers and informative port briefings from our Expedition Leader or Cruise Director and of course good food with wine included at lunch and dinner, all contribute to make any voyage aboard these wonderful vessels a memorable and joyful experience. After a day ashore you will return to the comfort and peace of an exceedingly comfortable ship. The daily programme on board is in the capable hands of our Cruise Director or Expedition Leader and staff who coordinate with the Captain and Officers to make the most of each day. Briefings and talks will be provided

throughout the voyage together with a 'Daily Programme' that is distributed every evening to your suite outlining the next day's activities. Dress on board is casual and relaxed and there will be no 'black tie' evenings.

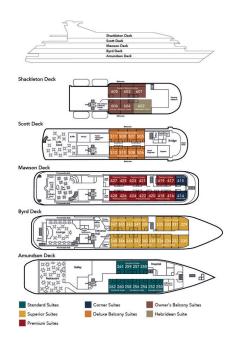


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INSIDE YOUR SHIP



Amundsen Deck Standard Sole



Byrd Deck Superior Sole



Mawson Deck Corner Suite



Scott Deck Deluxe Balcony Suite



Amundsen Deck Standard Suite



Byrd Deck Superior Suite



Mawson Deck Premium Suite



Shackleton Deck Hebridean Suite



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PRICING

02-Mar-2026 to 15-Mar-2026

Amundsen Deck Standard Suite	8295 GBP pp
Byrd Deck Superior Suite	8495 GBP pp
Mawson Deck Premium Suite	8695 GBP pp
Mawson Deck Corner Suite	8995 GBP pp
Amundsen Deck Standard Sole	9295 GBP pp
Byrd Deck Superior Sole	9495 GBP pp
Scott Deck Deluxe Balcony Suite	9995 GBP pp
Shackleton Deck Owner's Balcony Suite	10395 GBP pp
Shackleton Deck Hebridean Suite	10795 GBP pp

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